

# **Introduction to Craniosacral Therapy**

-A course offered by the Animal Rehab Division of the Canadian Physiotherapy Association

Instructor: Laurie Edge-Hughes, BScPT, MAnimSt (Animal Physio), CAFCI, CCRT

## **Course Description:**

This one-day course is designed to provide participants with a background into craniosacral therapy. A brief history of osteopathy (& in particular craniosacral therapy), concepts and theories will be explored. Participants will be challenged to explore a new paradigm of palpation, assessment and treatment by feeling for and working with the craniosacral rhythm.

# **Learning Objectives:**

#### Participants will:

- be introduced to osteopathy and craniosacral therapy
- be instructed in the indications & contraindications for craniosacral therapy
- be instructed in what evidence there is and isn't to back up craniosacral therapy
- gain a basic understanding of the gentle touch and perceptions required to practice craniosacral therapy
- improve their touch skills in order to feel for craniosacral rhythm
- be instructed in concepts specific to craniosacral therapy utilization (listening, still points, release points, tissue release signs craniosacral rhythm, balancing, etc.)
- learn how and where to induce a 'still point'
- learn how to address the key 'release points'

## **Registration**: Introduction to Craniosacral Therapy

Date: Saturday June 25, 2022 8:30am - 4:30pm

Kemptville Canine Center, 2868 County Rd 43, Kemptville, ON K0G 1J0

Instructor: Laurie Edge-Hughes, PT

Deadline for registration is: June 10, 2022

Cost: ARD member (\$475 + HST), non-ARD member (\$575 + HST)

nal Rehabilitation - GST/HST # - 106865397 RT0031

Pre-Requisites: Registered physiotherapist (current or retired)
Completion of Advanced Canine Rehab

## To register please go to: https://ard.rostertrack.com/

You will be invoiced via the secure PayPal system once it is confirmed that the course will run so that you may have the option of paying by credit card OR PayPal debit.

For more information, please contact <a href="mailto:animalrehab@physiotherapy.ca">animalrehab@physiotherapy.ca</a>, ph/fax (403) 932-4432

\*\*\*The animal rehab division reserves the right to cancel this course at any time. Course confirmation will be sent out no later than 3-weeks prior to the start date of the course. The Animal Rehab Division strongly recommends obtaining cancellation insurance for all travel.\*\*\*