Blog Guidelines

You are asked to submit 2-3 posts to the blog (2 and 3 may be combined):

1. An introduction, pre-departure, that will include a brief bio with a portrait photo, a description of your background and what you will be doing during your global health experience. (500 words or less)

2. One update post to tell readers how your global health experience is progressing. You might want to recount an especially important or unique story. Be sure to include photos or videos if you have them. (250-1000 words)

3. A re-entry post summarizing your experience and how the experience has been mutually beneficial and what you would advise other individuals embarking on global health experiences to take or do, plans for public engagement, plans for further action, conferences you plan to attend, talks you are planning to give, etc. Consider a reflection that goes beyond "what you contributed", to include your thoughts on "what you might do differently" and "what are some of the ethical issues that you needed to address prior, during or after your placement."

If possible, please submit blog entries in both English and French.

Ground rules for posting to the blog:

A bit of common sense that must be stated:

* Have fun, share your experiences with readers and include lots of photos.
* Focus your posts on the objectives of the blog.
* For the protection and benefit of all, no profanity, personal attacks, or hate of any kind will be tolerated.
* Be mindful of the pictures you include in your blog. Please review the [GHD Photo Policy](http://www.physioghd.com/globalhealthwork/photopolicy) for guidelines.

Templates

1. Template for Introductory Global Health Blog Post (500 words or less)

1. An introductory photo (one that you would feel comfortable having a potential employer see).
2. A written blog post that follows this format or includes this information:

**For PT Students:**

The year, program and university that you are enrolled in, i.e. I am a \_\_\_\_\_\_\_ year student in the \_\_\_\_\_\_\_\_\_\_\_\_ (degree, faculty, department) at \_\_\_\_\_\_\_\_\_\_\_ (your school).

**For PTs:**

Where you are currently practicing, previous experience, i.e. I am a PT from \_\_\_\_\_\_\_\_\_\_ and I have experience working in the \_\_\_\_\_\_\_\_\_\_\_\_ areas of practice with \_\_\_\_\_\_\_ patients.

One or two sentences about your background and interests.

Your reason for participating in a global health experience.

What you hope to accomplish re: learning/personal objectives.

Your expectations, hopes and concerns about the global health experience and location.

What your first task will, or may, be.

2. Template for an update Global Health Blog Post (250-1000 words)

A restating of your global health experience position, host country and host organization.

Briefly describe the two or three most significant exchanges. Consider: what you learned, what you contributed, what you would have done differently, and what were some of the ethical issues you needed to address prior, during, or after your global health experience.

Explain upcoming challenges or experiences that you are excited about.

3. Template for Re-entry Global Health Blog Post (250-1000 words)

A restating of your global health experience position, host country and host organization.

What the context of your global health experience was; e.g. Disability Service Programme in Rongo, Kenya where the host organization wanted me to assess and treat patients with a variety of neurological and musculoskeletal conditions.

Briefly describe the two or three most significant exchanges. Consider: what you learned, what you contributed, what you would have done differently, and what were some of the ethical issues you needed to address prior, during or after your global health experience.

Tell us what your plans are for the future. Are you planning to write an article, attend a conference, return to the country, or change your career plans after your global health experience?

Give future PTs and PT students a bulleted list of 4-5 of your best tips or "lessons learned" about your global health experience.

4. Vlog (60 sec or less)

Same template as above, but in a video format.