

# **Observed Performance Criteria:**

Please indicate if the physiotherapist assistant (PTA) applicant has demonstrated the **bolded** performance criteria. A bulleted list has been included with each performance criterion to provide examples of elements of performance. Please refer to the NPAG's 2012 Essential Competency Profile for Physiotherapist Assistants in Canada for further information related to the knowledge, skills and attitudes required by PTAs working under the supervision of a physiotherapist in Canada.

#### **OBSERVED PERFORMANCE CRITERIA**

Elements of performance indicated in bulleted form

# Respects the autonomy of the client

- Obtains the client's consent to proceed prior to performing assigned tasks
- Respects each client's unique mix of characteristics, such as gender, age, ethnic origin, etc.
- Encourages the client to express his or her individual needs.
- Assists the physiotherapist to ensure that the client's needs are addressed
- Protects the client's dignity and right to privacy.

## Demonstrates a commitment to the wellbeing of all clients

- Demonstrates an understanding of client-centred practice.
- Promotes the role and goals of physiotherapy (e.g., health promotion, disease prevention) to enhance individual and community health.
- Recognizes client needs outside the scope of physiotherapy and alerts the relevant health care team member in an appropriate manner.

#### Demonstrates ethical behavior

- Demonstrates trust, integrity, accountability, commitment, respect and compassion in all professional relationships.
- Communicates position and qualifications honestly.
- Assumes responsibility for own behaviour.
- Performs within the limits of personal competence within the practice setting.
- Identifies and communicates to the physiotherapist when a client's needs exceed the limits of one's knowledge, skill, or judgment.
- Discloses potential conflict of interest situations.
- Maintains client, family and organizational confidentiality.

#### Promotes client and provider safety in the provision of the assigned physiotherapy services

- Performs a physical environment risk assessment prior to client intervention and takes appropriate action.
- Safely operates and maintains equipment and supplies in accordance with manufacturer guidelines and the practice setting policies and procedures.
- Applies best practice body mechanics when performing interventions including moving, positioning, seating, ambulating and transferring clients.
- Follows established procedures regarding contra-indications, treatment precautions and safety factors associated with treatment interventions.
- Recognizes adverse reactions to intervention and takes appropriate action, including communicating findings.
- Addresses and reports (if necessary) any health care team member that appears to be providing service to the client in an unsafe or unethical manner.

#### Performs selected measures or tests

- Collects qualitative and quantitative data related to the client's physical status and functional ability within set parameters.
- Monitors client responses and status during the performance of assigned measures/tests (e.g., shortness of breath, pain) and takes appropriate action, including reporting the findings to the physiotherapist.
- Reports the results of tests (e.g., documentation, verbal report).

### Reports client information to enhance the physiotherapist's assessment / reassessment processes

• Communicates new information to the physiotherapist in a complete and timely manner (e.g., client's family situation, home environment, health status).

## Contributes to the implementation of the physiotherapy interventions

- Orients the client to the treatment area (e.g., physical layout, equipment).
- Provides information about relevant service policies (e.g., cancellation, absenteeism).
- Reinforces to the client information about the effects of treatment and any inherent risks.
- Obtains client consent prior to treatment intervention.
- Performs assigned physiotherapy interventions (e.g., electrophysical agents, functional mobility, therapeutic exercises, teaching/education).
- Facilitates client participation in the intervention activities (e.g., reinforces the physiotherapist's directions, provides encouragement).
- Participates collaboratively as a team member in interprofessional client care.

## Demonstrates effective problem solving and judgment

- Discontinues specific interventions if safety is in question or if the client has an adverse reaction and reports the discontinuation to the physiotherapist.
- Contributes to the development and revision of the intervention activities.
- Progresses therapeutic interventions within the parameters assigned by the physiotherapist (e.g., endurance, strengthening exercises).
- Provides the physiotherapist with information related to the selection and outcome of intervention activities (e.g., the appropriateness of the group).

### **Reports observations**

- Monitors client responses and status during the intervention.
- Reports the client's subjective comments related to the intervention to the relevant health care team member in an appropriate manner.
- Reports to the physiotherapist the client's responses to interventions or changes in the client's status.

# Develops, builds and maintains collaborative working relationships through effective communication with the client and within the health care team

- Demonstrates sensitivity to the uniqueness of others.
- Uses various strategies of verbal and non-verbal communication.
- Demonstrates an awareness of self-behaviours and the responses of others, and adapts communications appropriately.
- Respects confidentiality and privacy.
- Identifies and addresses conflict in a timely and respectful manner.

#### Communicates in a professional manner

- Uses audience appropriate language, strategies and materials.
- Responds to questions within knowledge and skill level, or refers as appropriate.
- Seeks assistance or clarification as necessary.
- Conveys information in a timely manner.

### Employs effective and appropriate written and electronic communication

Produces written and electronic documentation (e.g., health record, patient hand-outs) that is accurate
and precise, using appropriate terminology.

# Contributes to the implementation of the physiotherapy services within the broader health care system

- Demonstrates an understanding of physiotherapy services within the Canadian health care system.
- Demonstrates an understanding of physiotherapist and PTA roles.
- Seeks information about available resources in the health system or community to support client care.

### Contributes to the creation of an effective practice environment

- Manages time effectively.
- Establishes priorities for client caseload management in consultation with the physiotherapist.
- Maintains workload measurement/statistics in accordance with organizational standards.
- Collaborates with health care team members about continuity in service delivery.
- Uses and monitors equipment and space to support service delivery.

### Contributes to safe and cost-effective physiotherapy practice

- Participates in quality improvement activities.
- Participates in the acquisition and evaluation of physical resources.
- Participates in inventory control and supply management.

## Maintains and enhances competence through life-long learning

- Demonstrates an understanding of required job competencies through reflective practices.
- Utilizes feedback (formal and informal) and self-evaluation to continuously improve knowledge and skills.
- Seeks input to establish and implement a learning plan.
- Participates in professional development opportunities (e.g., department in-services, courses).

#### Contributes to the learning process of others

- Participates in mentoring.
- Participates in PTA student preceptorship.
- Serves as a resource to and supports learners.

By signing below I certify that I am the supervising physiotherapist for this physiotherapist assistant (PTA) applicant. I further certify that I have reviewed the list of performance criteria and have observed the applicant's performance in all **bolded** areas. All information given in this document is correct to the best of my knowledge. I understand that any false information or misrepresentation of facts in this application may disqualify the PTA applicant from CPA membership.

Supervising Physiotherapist:	CPA membership #
CPA physiotherapist member (if required) ::	CPA membership #
Date:	•

<sup>&</sup>lt;sup>1</sup> This form must be co-signed by a CPA physiotherapist member if the supervising physiotherapist is not a CPA member.