

Carly Aspden  
Education Team -  
Education Coordinator



Carly Aspden graduated from the Master of Physical Therapy program at the University of British Columbia in 2017. After having her very first student placement experience at BC Children’s Hospital, Carly became very keen to enter the pediatric field and has been supporting children in reaching their physical goals ever since.

Carly works in private practice where she treats a wide variety of paediatric concerns including infant conditions, concussions, brain injuries, pelvic health and more! Outside her clinical time, Carly is also very passionate about mentorship for pediatric physiotherapists. In her role as Director of Clinical Excellence at Kids Physio Group, Carly supports new physiotherapists entering the field and creates resource to support these clinicians. Carly looks forward to bringing her passion of paediatric clinical development to more therapists across the country in this role.