

Thank you for partnering with Sport Physiotherapy Canada (SPC) and the Canadian Red Cross (CRC) to deliver the First Responder/Professional Responder course in your community. We strive to deliver a comprehensive program that prepares health care professionals who are interested in and/or already working with athletes of all ages and abilities in a sport medicine capacity.

In preparation for this course we ask your assistance by providing the following equipment:

- ☐ Spinal board(s) with straps and head immobilizer (recommend 1 board per 6 participants)
- ☐ helmets (sports, motorcycle. Can request from participants of the course as well)
- ☐ shoulder pads (sports. Can request from participants of the course as well)
- ☐ internet access
- ☐ media device for power point presentation (tv, projector, etc)
- ☐ pillows and towels for practical work
- ☐ floor mats for participants to use for practical work
- ☐ chairs sufficient for the number of participants in your course
- ☐ access to a printer

If you have any difficulty procuring these items for your course, please notify your provincial instructor, Operations at SPC ([support@sportphysio.ca](mailto:support@sportphysio.ca)) and your provincial section, and they will assist you with these items.

Thank you again for your commitment to improving safe sport and service delivery to the sporting community!

Sincerely,

Sport Physiotherapy Canada