

HEALTHCARE RESEARCH

The Cost of Racism for People of Color: Contextualizing experiences of discrimination - American Psychological Association

Perception of Racial Discrimination and Psychopathy Across Three US Ethnic Minority Groups - Cultural Diversity and Ethnic Minority

Race and Trust in the Healthcare System - Public Health Reports;

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC1497554/pdf/12815085.pdf>

Let's Talk: Racism and Health Equity - National Collaborating Centre for Determinants of Health; <http://nccdh.ca/images/uploads/comments/Lets-Talk-Racism-and-Health-Equity-EN.pdf>

"Certain Circumstances": Issues in Equity and Responsiveness in Access to Health Care in Canada - Health Canada; https://www.canada.ca/content/dam/hc-sc/migration/hc-sc/hcs-sss/alt_formats/hpb-dgps/pdf/pubs/2001-certain-equit-acces/2001-certain-equit-acces-eng.pdf

What all students in healthcare training programs should learn to increase health equity:

Perspectives on postcolonialism and the health of Aboriginal Peoples in Canada;

<https://bmcomeduc.biomedcentral.com/track/pdf/10.1186/s12909-015-0442-y>

The Impact of Racial Trauma on African Americans - Walter Howard Smith, Jr., Ph.D.;

<https://www.heinz.org/userfiles/impactofracialtraumaonafricanamericans.pdf>

More Than Skin Deep: Stress, neurobiology, and mental health consequences of racial discrimination;

https://www.researchgate.net/profile/Zoltan_Sarnyai/publication/268792910_%27More_than_Skin_Deep%27_Stress_Neurobiology_and_Mental_Health_Consequences_of_Racial_Discrimination/links/54c1f6950cf2dd3cb958faeb.pdf

An American Health Dilemma: A history of Blacks in the Health System;

<https://www.ncbi.nlm.nih.gov/pmc/articles/PMC2637749/pdf/jnma00861-0073.pdf>

Colour Coded Health Care: The Impact of Race and Racism on Canadians' Health;

<http://www.wellesleyinstitute.com/wp-content/uploads/2012/02/Colour-Coded-Health-Care-Sheryl-Nestel.pdf>

Racialization and Health Inequities in Toronto (Toronto Public Health);

<https://www.toronto.ca/legdocs/mmis/2013/hl/bgrd/backgroundfile-62904.pdf>

Trust in African Americans' Healthcare Experiences - Traci M. Murray; <https://onlinelibrary-wiley-com.proxy.queensu.ca/doi/epdf/10.1111/nuf.12120>

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FitzGerald C, Hurst S. Implicit bias in healthcare professionals: A systematic review. BMC Medical Ethics. 2017;18(19):1-18.

Kraemer T. Physical therapist students' perceptions regarding preparation for providing clinical cultural congruent cross-cultural care: A qualitative case study. J of Physical Therapy Education. 2001;15(1):36-52.

Brady B, Veljanova I, Chipchase L. Culturally informed practice and physiotherapy. J of Physiotherapy. 2016;62:121-123.

Vazir S, Newman K, Kispal L, et al. Perspectives of Racialized Physiotherapists in Canada on Their Experiences with Racism in the Physiotherapy Profession. <i>Physiotherapy Canada</i> . 2019;71(4):335-345.
Beavis A, Hojjati A, Kassam A, Choudhury D, et al. What all students in healthcare training programs should learn to increase health equity: Perspectives on postcolonialism and the health of Aboriginal Peoples in Canada. <i>BMC Medical Education</i> . 2015;15(155).
Horrill T, McMillan D, Schultz A, Thompson G. Understanding access to healthcare among Indigenous peoples: A comparative analysis of biomedical and postcolonial perspectives. <i>Nursing Inquiry</i> . 2018;25:e12237.
Blair I, Steiner J, Havranek E. Unconscious (implicit) bias and health disparities: Where do we go from here? <i>The Permanente Journal</i> . 2011;15(2):71-78.
Boulware L, Cooper L, Ratner L, LaVeist T, Powe N. Race and trust in the health care system. <i>Public Health Reports</i> . 2003;18:358-365.
HEALTHCARE RESEARCH - WOMEN'S HEALTH
Wilkinson J. Urogynecology and the underserved. <i>Int Urogynecol J</i> . 2006;17:429.
Dunivan G, Cichowski S, Komesu Y, Fairchild P, Anger J, Rogers R. Ethnicity and variations of pelvic organ prolapse bother. <i>Int Urogynecol J</i> . 2014;25(1):53-59.
Mandimika C, Murk W, McPencow A, Lake A, Miller D, Connell K, Guess M. Racial disparities in knowledge of pelvic floor disorders among community-dwelling women. <i>Female Pelvic Med Reconstr Surg</i> . 2015;21(5):287-292.
Oakes M. An introduction to the social determinants of women's health. (Section 6)
Zuo S, English K, Agalliu I, Leegant A, Abraham N. Racial and ethnic differences in urodynamic parameters in women with overactive bladder symptoms. <i>Female Pelvic Med Reconstr Surg</i> . 2020;26(2):141-145.
Bryant A, Worjolah A, Caughey A, Washington A. Racial/Ethnic disparities in obstetrical outcomes and care: Prevalence and determinants. <i>Am J Obstet Gynecol</i> . 2010;202(4):335-343.
Dominguez T, Dunkel-Schetter C, Glynn L, Hobel C, Sandman C. Racial differences in birth outcomes: The role of general, pregnancy, and racism stress. <i>Health Psychol</i> . 2008;27(2):194-203.
HEALTHCARE BOOKS
<i>Medical Apartheid: The Dark History of Medical Experimentation on Black Americans from Colonia Times to the Present</i> - Harriet Washington
<i>The Power to Heal: Civil Rights, Medicare, and the Struggle to Transform America's Healthcare System</i> - David Barton Smith
<i>Killing the Black Body</i> - Dorothy Roberts
<i>The Health Gap: The challenge of an unequal world</i> - Michael Marmot
<i>The Immortal Life of Henrietta Lacks</i> - Rebecca Skloot
<i>The Color of Law: A forgotten history of how our government segregated America</i> - Richard Rothstein

BOOKS (Fiction)
Song of Solomon - Toni Morrison
Have you Met Nora? - Nicole Blades
What We All Long For - Dionne Brand
Half Blood Blues - Esi Edugyan
The Hate U Give - Angie Thomas
The Alchemists of Kush - Minister Faust
Independence - Cecil Foster
Any Known Blood - Lawrence Hill
The Book of Negroes - Lawrence Hill
No Crystal Stair - Mairuth Sarsfiled
BOOKS (Non-Fiction)
The Skin We're In - Desmond Cole
When They Call You a Terrorist: A Black Lives Matter Memoir - Patrisse Khan Cullors
How to Be an Antiracist - Ibram X. Kendi
Me and White Supremacy: Combat Racism, Change the World, and Become a Good Ancestor - Layla F. Saad
So You Want to Talk About Race - Ijeoma Oluo
The New Jim Crow: Mass Incarceration in the Age of Colorblindness - Michelle Alexander
Stamped from the Beginning: The Definitive History of Racist Ideas in America - Ibram X. Kendi
White Rage: The Unspoken Truth of our Racial Divide - Carol Anderson
I'm Still Here: Black Dignity in a World Made for Whiteness - Austin Channing Brown
Waking Up White - Debbie Irving
Black Like Me - John Howard Griffin
Why Are All the Black Kids Sitting Together in the Cafeteria?: And other conversations about race - Beverly Daniel Tatum
I Am Not Your Negro - James Baldwin
My Grandmother's Hands: Racialized Trauma and the Pathway to Mending our Hearts and Bodies - Resmaa Menakem
MOVIES/TV/DOCUMENTARIES
13th - Ava DuVernay (Documentary - Netflix)
When They See Us - Ava DuVernay (Mini series - Netflix)
American Son (Movie)

Who Killed Malcolm X? (Netflix)
Dear White People (TV Show - Netflix)
Just Mercy (Movie)
The Skin We're In (Documentary); https://gem.cbc.ca/media/firsthand/season-2/episode-14/38e815a-00be178daef
Selma - Ava DuVernay (Movie)
There's Something in the Water (Documentary - Netflix)
Marshall (Netflix)
Get Out - Jordan Peele (Movie)
Moonlight - Barry Jenkins (Movie)
PODCASTS:
Into the Fold: The Past Does Matter Post-Traumatic Slave Syndrome
1619 - New York Times
Brene with Ibram X. Kendi on How to Be an Antiracist - Unlocking Us with Brene Brown
Intersectionality Matters - Kimberle Crenshaw
Come Through with Rebecca Carroll - WNYC Studios
SPEECHES
Malcolm X: The Ballot or the Bullet (1964); https://americanradioworks.publicradio.org/features/blackspeech/mx.html
Angela Davis: The Gates To Freedom (1972); http://americanradioworks.publicradio.org/features/blackspeech/adavis.html
Audre Lorde: The Uses of Anger: Women Responding to Racism (1981); https://www.blackpast.org/african-american-history/speeches-african-american-history/1981-audre-lorde-uses-anger-women-responding-racism/
WEBINARS/TED TALKS
"Let's get to the root of racial injustice" - Megan Ming Francis (Ted Talk)
"The Dangers of Whitewashing Black History" - David Ikard (Ted Talk)
"The Symbols of Systemic Racism and how to take away their power" - Paul Rucker (Ted Talk)
"We Should All Be Feminists" - Chimamamnda Ngozi Adichie (Ted Talk); https://www.youtube.com/watch?reload=9&v=hg3umXU_qWc
"The History of White Privilege" - BreeLove Community; https://drive.google.com/file/d/11rYGWifa9gpQK8B6rv--RSuUxKz68LZB/view?fbclid=IwAR3x8nG7kI3qmXMhbkwMJCTIRT37GldZCul9fEU4rxzK-nb1fuv-i9SD6h0

RESEARCH

Immigration, Civil Rights & the Evolution of the People;

https://digitalcommons.law.yale.edu/cgi/viewcontent.cgi?article=5820&context=fss_papers

Report of the Special Rapporteur on Extreme Poverty and Human Rights on his Mission to the US; <https://digitallibrary.un.org/record/1629536?ln=en#record-files-collapse-header>

The Equality of Opportunity Project: Race and Economic Opportunity in the US;

http://www.equality-of-opportunity.org/assets/documents/race_summary.pdf

Nine Charts about Wealth Inequality in America; <https://apps.urban.org/features/wealth-inequality-charts/>

Key Findings on American's Views on Race in 2019; <https://www.pewresearch.org/fact-tank/2019/04/09/key-findings-on-americans-views-of-race-in-2019/>

Immigration: Shaping and Reshaping America; <https://www.prb.org/wp-content/uploads/2006/12/61.4USMigration.pdf>

Racial Microaggressions: The Narratives of African American Faculty at a Predominantly White University - Chavella T. Pittman;

http://www.elegantbrain.com/edu4/classes/readings/100readings/AfricAmericanStudies/Pittman_black_faculty_microaggress.pdf

Diane Abbott, misogynoir and the politics of Black British feminism's anticolonial imperatives: In Britain too, it's as if we don't exist - Dr. Lisa Amanda Palmer;

<https://journals.sagepub.com/doi/pdf/10.1177/0038026119892404>

ARTICLES/WEBSITES/BLOGS

The Skin I'm In: I've been interrogated by police more than 50 times - all because I'm black - Desmond Cole; <https://torontolife.com/city/life/skin-im-ive-interrogated-police-50-times-im-black/>

Confessions of a Former Bastard Cop - Officer A. Cab;

<https://medium.com/@OfcrACab/confessions-of-a-former-bastard-cop-bb14d17bc759>

White Privilege: Unpacking the Invisible Knapsack - Peggy McIntosh;

<https://www.racialequitytools.org/resourcefiles/mcintosh.pdf>

How Science and Genetics are Reshaping the Race Debate of the 21st Century;

<http://sitn.hms.harvard.edu/flash/2017/science-genetics-reshaping-race-debate-21st-century/>

AAA Statement on Race;

<https://www.americananthro.org/ConnectWithAAA/Content.aspx?ItemNumber=2583>

Why Brad and Kristen Beat Out Jermaine and Ebony;

<https://magazine.uchicago.edu/0302/research/fig1.html>

The US Will Become "Minority White" in 2045, Census projects;

<https://www.brookings.edu/blog/the-avenue/2018/03/14/the-us-will-become-minority-white-in-2045-census-projects/>

The Case for Reparations (The Atlantic);

<https://www.theatlantic.com/magazine/archive/2014/06/the-case-for-reparations/361631/>

Your Family May Once Have Been a Different Colour;

<https://www.npr.org/templates/story/story.php?storyId=100057939>

The Bail Trap (The New York Times); https://www.nytimes.com/2015/08/16/magazine/the-bail-trap.html
Sigrid Johnson was Black (The New York Times); https://www.nytimes.com/2018/11/19/magazine/dna-test-black-family.html
Open Up; https://www.economist.com/special-report/2008/01/05/open-up
U.S. Law Enforcement Failed to See the Threat of White Nationalism. Now They Don't Know How to Stop It; https://www.nytimes.com/2018/11/03/magazine/FBI-charlottesville-white-nationalism-far-right.html
Donald Trump and the Twilight of White America (The Atlantic); https://www.theatlantic.com/politics/archive/2016/05/donald-trump-and-the-twilight-of-white-america/482655/
40 Years of Human Experimentation in America: The Tuskegee Study (Office for Science and Society - McGill University); https://www.mcgill.ca/oss/article/history/40-years-human-experimentation-america-tuskegee-study
U.S. Public Health Service Syphilis Study at Tuskegee (Centers for Disease Control and Prevention); https://www.cdc.gov/tuskegee/timeline.htm
The Health Effects of Anti-Black Racism (The Local); https://thelocal.to/the-health-affects-of-anti-black-racism-ee565fff5805/
10 Actions You Can Take Now To Support Diversity In Your PT Practice (WebPT Founder Letter); https://www.webpt.com/blog/post/founder-letter-10-actions-you-can-take-now-to-support-diversity-in-your-pt-practice/