



## Introduction to Craniosacral Therapy

A course offered by the Animal Rehab Division of the CPA

**Instructor:** Laurie Edge-Hughes, BScPT, MAnimSt (Animal Physio), CAFCI, CCRT

### Course Description:

This one-day course is designed to provide participants with a background into craniosacral therapy. A brief history of osteopathy (in particular, craniosacral therapy), concepts, and theories will be explored. Participants will be challenged to explore a new paradigm of palpation, assessment, and treatment by feeling for, and working with, the craniosacral rhythm. A therapy protocol for a sample craniosacral session will be learned.

### Learning Objectives:

- Participants will be introduced to osteopathy and craniosacral therapy.
- Participants will be instructed in the indications & contraindications for craniosacral therapy.
- Participants will be instructed in what evidence there is and isn't to back up craniosacral therapy.
- Participants will gain a basic understanding of the gentle touch and perceptions required to practice craniosacral therapy.
- Participants will improve their touch skills in order to feel for craniosacral rhythm.
- Participants will be instructed in concepts specific to craniosacral therapy utilization (listening, still points, release points, tissue release signs craniosacral rhythm, balancing, etc.).
- Participants will learn how and where to induce a 'still point.'
- Participants will learn how to address the key 'release points.'
- Participants will learn a multistep protocol to use in whole, or in part, to input craniosacral therapy into their toolkit of therapy options.

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### Registration: Introduction to Craniosacral Therapy

**Date:** Sunday, May 31, 2020 Kemptville, ON Laurie Edge-Hughes, PT, Instructor

**Deadline for registration:** Sunday, May 10, 2020

**Cost:** \_\_\_ ARD Member (\$350 + HST), \_\_\_ Non-ARD Member (\$450+ HST)

Animal Rehabilitation – GST/HST # - **106865397 RT0031**

**Pre-Requisites:** Registered physiotherapist (current or retired Completion of *Advanced Canine Rehab Course*)

Name: \_\_\_\_\_ Email: \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_

Phone: \_\_\_\_\_ (hm) \_\_\_\_\_ (cell)

**To register please go to:** <https://ard.rostertrack.com/>

You will be invoiced via the secure PayPal system once it is confirmed that the course will run so that you may have the option of paying by credit card OR PayPal debit.

For more information, please contact [animalrehab@physiotherapy.ca](mailto:animalrehab@physiotherapy.ca), ph/fax (403) 932-4432

**\*\*\*The animal rehab division reserves the right to cancel this course at any time. Course confirmation will be sent out no later than 3-weeks prior to the start date of the course. The Animal Rehab Division strongly recommends obtaining cancellation insurance for all travel.\*\*\***