

The Coalition for Safe and Effective Pain Management Report Recommendations

Statements of principle:

- Support an interprofessional, patient-centred, collaborative and compassionate approach to pain management
- Support an evidence-informed, bio-psychosocial approach to pain management
- Support the implementation of the Canadian Guideline for Chronic Non-Cancer Pain and other evidence-based guidelines

Reduce the prevalence of opioid prescribing by optimizing non-pharmacological pain management alternatives in Canada.

Strategic Direction #1:

Embed non-pharmacological pain management as part of essential healthcare in Canada

Strategic Direction #2:

Empower patients and prescribers to make safe choices in pain management

Strategic Direction #3:

Integrate non-pharmacological pain management in primary care settings

Strategic Direction #4:

Ensure everyone in Canada has timely access to non-pharmacological pain management

Priorities for implementation

1. Provinces and territories each develop a prevention strategy to optimize alternatives prior to initial opioid prescription.
2. Public health campaign to empower those in pain to understand opioid risks and optimize non-pharmacological alternatives.
3. All prescribing professionals support uptake of educational modules and protocols to optimize non-pharmacological alternatives in pain management.
4. Encourage the establishment of pain pathways that optimize non-pharmacological pain management at points of care where opioids are commonly prescribed.
5. Prioritize marginalized, vulnerable and at risk populations to support timely access to interprofessional non-pharmacological pain management.
6. Workplace benefits include clinically effective coverage for interprofessional non-pharmacological pain management.

The Coalition for Safe and Effective Pain Management (CSEPM)

Canadian Association of Occupational Therapists
Canadian Centre on Substance Use and Addiction
Canadian Chiropractic Association
Canadian Nurses Association
Canadian Pain Society
Canadian Patient Safety Institute
Canadian Physiotherapy Association
Canadian Psychological Association
Canadian Orthopaedic Association
Institute for Safe Medication Practices Canada
Patient for Patient Safety Canada

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