

National Student Assembly

June 2019 Newsletter

As another National Student Assembly (NSA) season draws to an end, I wanted to take the time to thank all the student representatives and executive members on the NSA who worked hard to make this past year such a success for PT students across Canada. An additional thank-you goes out to all the clinicians and CPA representatives who attended our meetings to provide educational seminars to our PT student attendees.

This past year saw NSA representatives organize food drives across Canada to donate to local charities, student meet-ups at CPA Congress and provincial organizations (and the upcoming CPA Forum!), and create forums for inter-school communication and knowledge

Farewell from the 2018-19 NSA President

One of my favorite definitions of leadership goes as follows: “Leadership means creating value for others”. This is precisely what the National Student Assembly (NSA) has accomplished this year. Through the unified efforts of the NSA representatives—spanning the entire country in 12 different universities—the NSA was able to provide value to countless PT students and to the future of the profession. Value was provided in the form of opportunity, connection, knowledge, insight and most importantly as a little bit of fun.

As President of the NSA, it has been an absolute pleasure working with students, CPA staff and board members, divisions chairs and provincial branches this past year. Through

exchange. The newsletter below highlights a few new updates since the previous NSA newsletter, as well as a farewell message from the outgoing president of the NSA.

I’m proud to have worked with all the diligent and committed NSA representatives this past year, and I look forward to seeing all the future projects from the upcoming NSA group!

Cheers,

Remi Lu
NSA Communications Executive
MSc Physical Therapy Candidate (2019)
University of Toronto

my role, I had the privilege to interact with all of these parties that make up the fabric of our professional association. I could never have imagined the extent of the hard work and dedication of all of the people behind the scenes and most of which entirely volunteers. Whether we realize it or not the professional association as a whole creates immense value for all physiotherapists in Canada and I for one intend on continuing to support this value creation through my ongoing membership to the CPA.

Zacharie Bergeron
Outgoing President of the CPA’s NSA
MSc Physical Therapy Candidate (2019)
University of Toronto

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NSA 5K FUN RUN, MAY 2019

For National Physiotherapy Month this past May, NSA representatives across Canada organized a 5K “Fun Run” to raise money for the Physiotherapy Foundation of Canada. Participants were invited to roll, walk, or run the 5 kilometres in a supportive, low-stress environment. All told, PT schools from across Canada raised \$500 for the PFC! A special thank-you to the NSA representatives below who led the event for their respective schools:

- Shayne River—University of British Columbia
- Hailey Wilkerson—University of Alberta
- Chad Magee—University of Saskatchewan
- Mo Wright-Stein & Sam Yentin—University of Toronto
- Stacey Sanchez—Queen’s University
- Valéry Pelletier, Lesley Baker, & Christine Martin—University of Ottawa
- Candice Bernard—Dalhousie University

Ottawa University:

Students from Ottawa University raised \$350 for the PFC! A special thank-you to the Consortium National de Formation en Sante (CNFS) and the Eastern Ontario District of the OPA for sponsoring prizes for the participants.

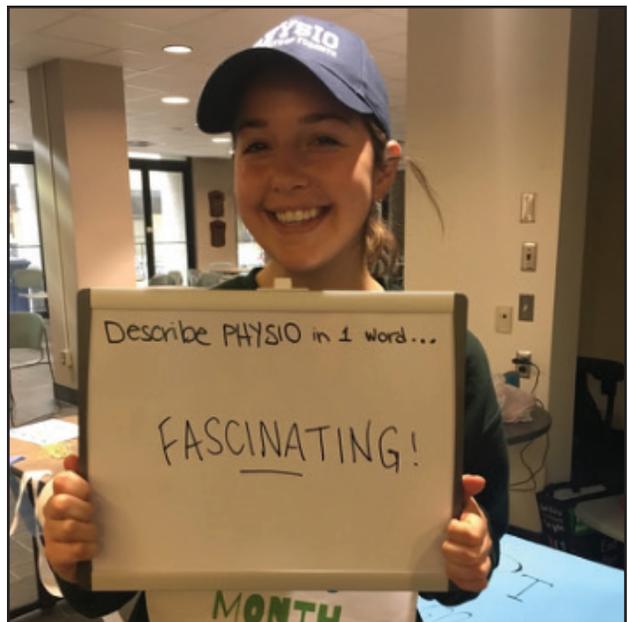
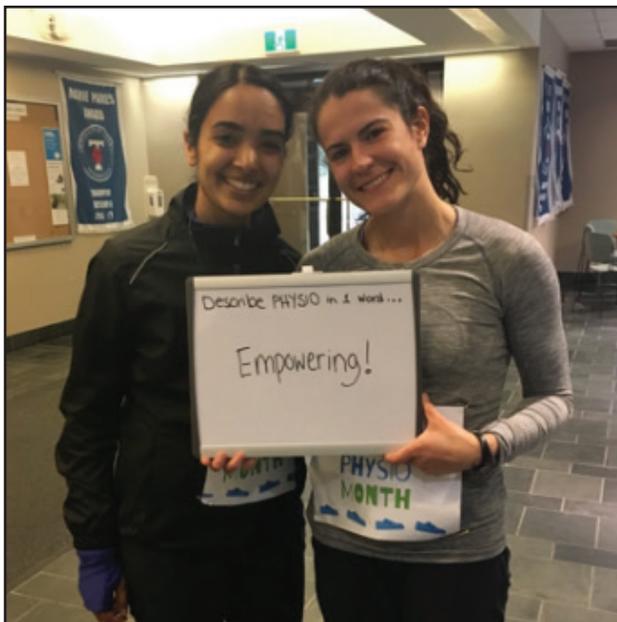


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University of Toronto

PT students from U of T organized a run through downtown Toronto to raise awareness for the profession during National Physio Month!



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PRIVATE PRACTICE DIVISION: STUDENT CONTEST

A reminder that the PPD student contest will be running until July 19! Get your submissions in and qualify to win an **iPad** and **\$50 Amazon gift card**.

Full details below:



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