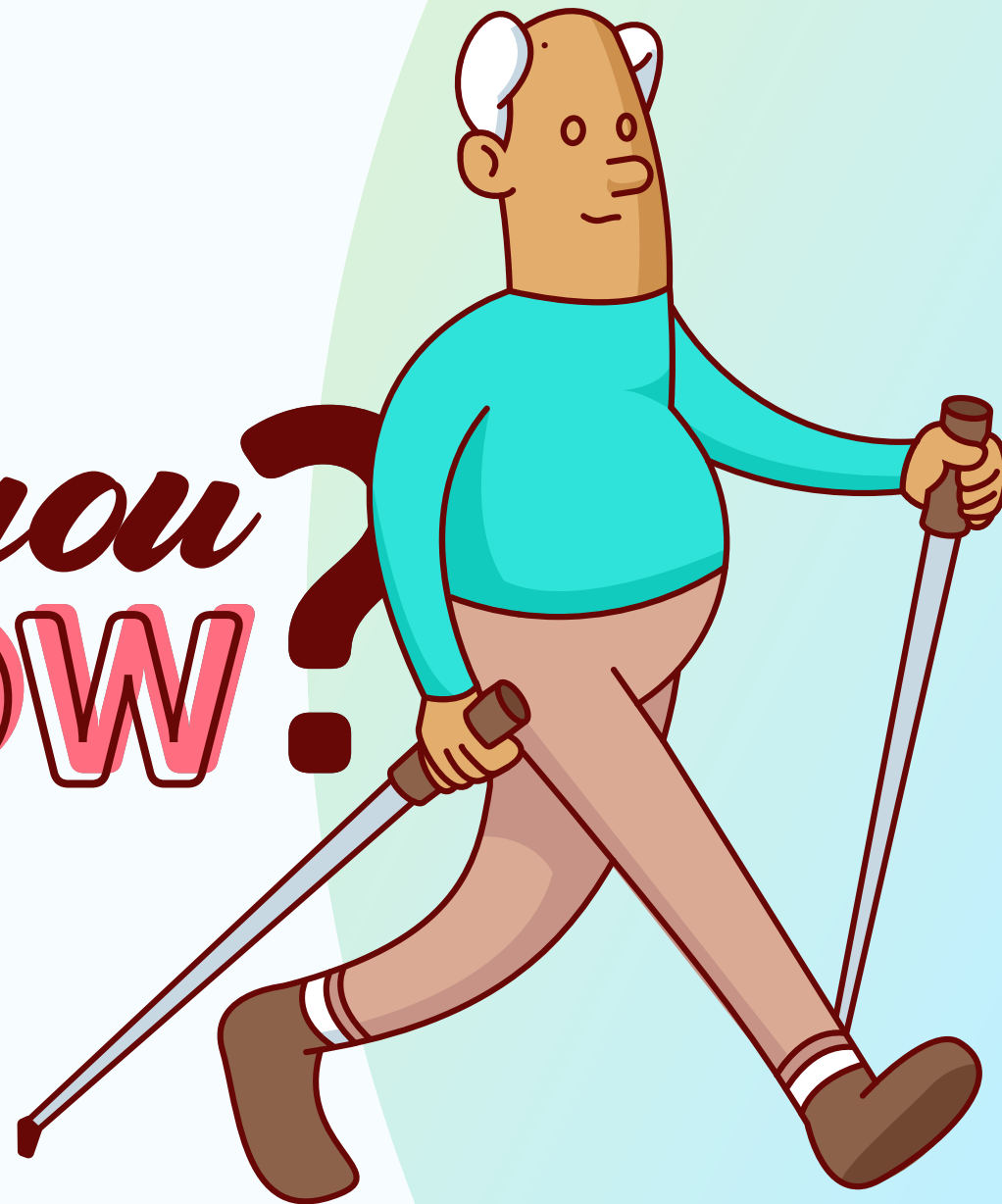


Did you
KNOW?



Physiotherapists can help *seniors* stay engaged in their communities.

What does this mean for me?:

Physiotherapists can provide an exercise program to help maintain strength and balance, keeping seniors in their homes and as active members of their community.