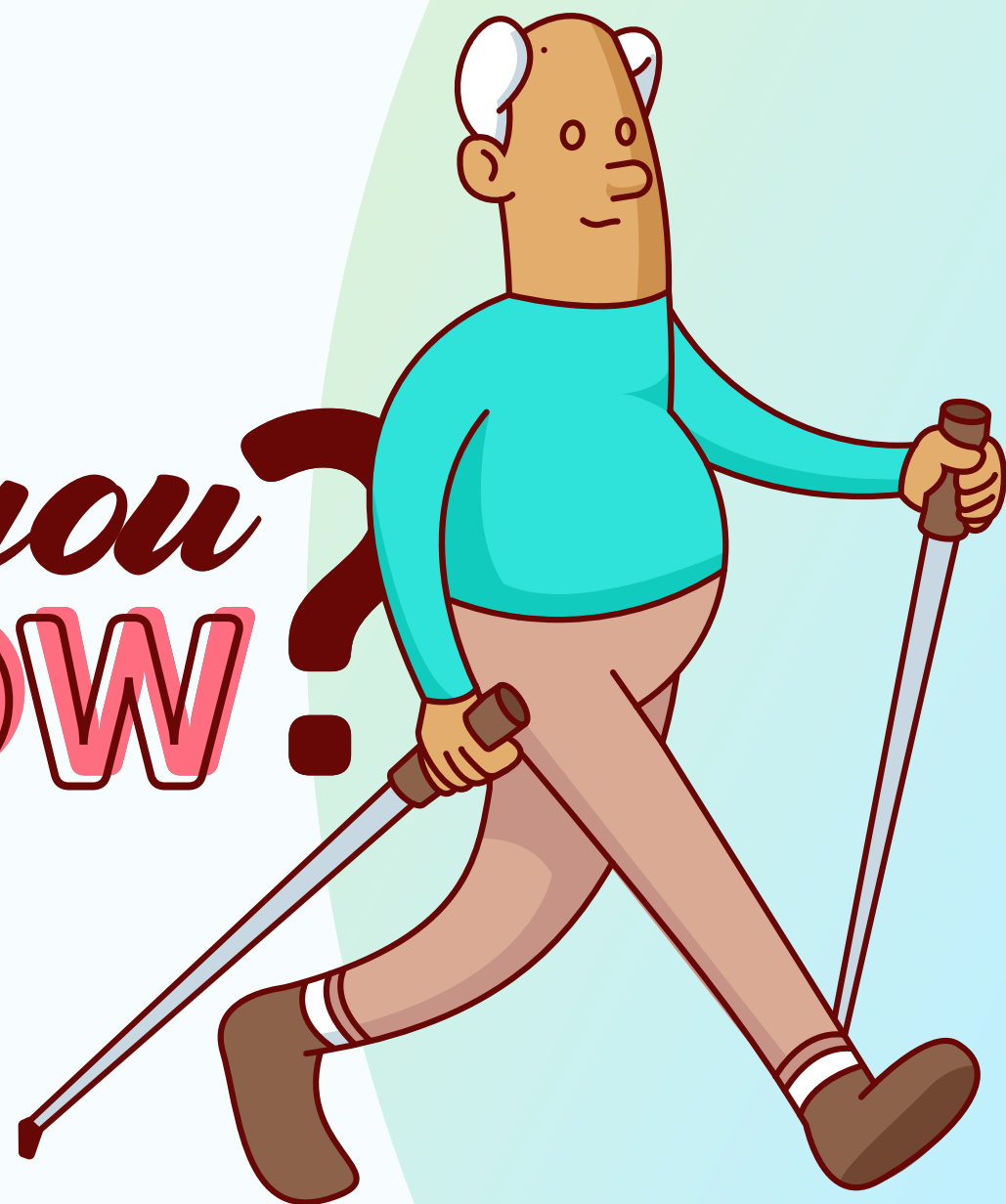


# Did you KNOW?



Physiotherapists can help *seniors* stay engaged in their communities.

## What does this mean for me?:

Physiotherapists can provide an exercise program to help maintain strength and balance, keeping seniors in their homes and as active members of their community.



Canadian  
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