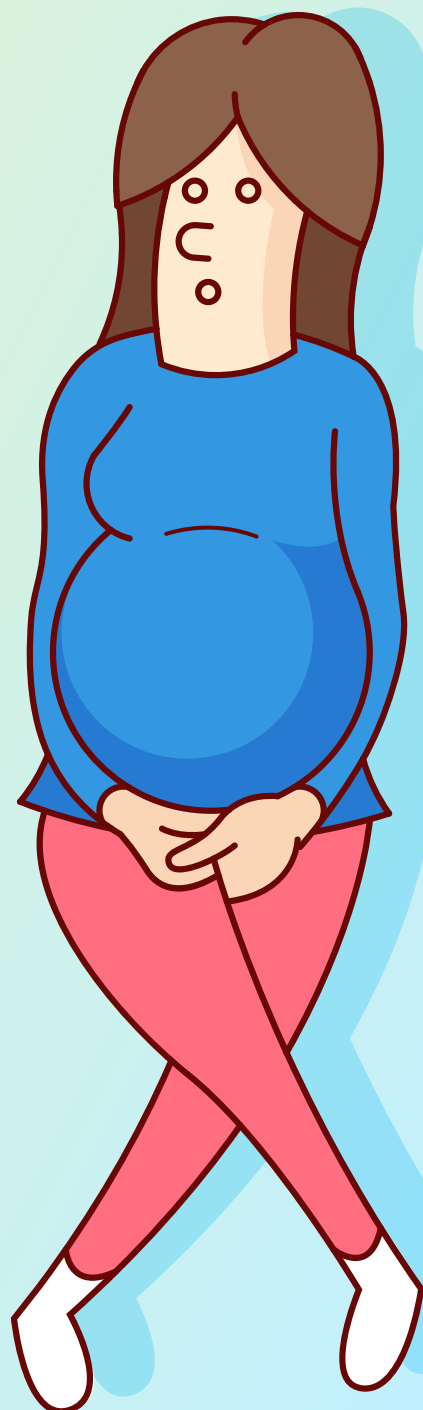


Did you KNOW?



1 in 3 women have urinary incontinence after childbirth.

What does this mean for me?: You don't have to live with incontinence. Pelvic floor physiotherapy can help you regain control, improve function, and optimize your well-being after childbirth.



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